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# Surviving High School

— River Valley High School —  
Class of 2024

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# COUNSELORS



- Mrs. Arroyo
    - [carroyo@ycusd.org](mailto:carroyo@ycusd.org) 530-822-2523
  - Ms. Brown
    - [lbrown@ycusd.org](mailto:lbrown@ycusd.org) 530-822-2513
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# Counseling Webpage

The screenshot shows a web browser window displaying the counseling department's website. The browser's address bar shows the URL `nhs.ycusd.org/Departments/Counseling/index.html`. The website has a dark blue header with navigation links: Home, Our School, Daily Bulletin, Departments, Activities, Athletics, Students/Families, and Contact Us. A left sidebar contains a menu for Education (CTE) with sub-links for College and Career Center, Counseling, SAT/ACT, University of California/California State University, Seniors, Juniors, Sophomores, Freshmen, High School Common Course Catalog, Financial Aid & Scholarship Information, Yuba College Financial Aid & Scholarship Information, California Community Colleges, Transcript Information, and Helpful Resources. Below this are links for ELD, English, Foreign Language, Library, Math, Performing Arts, and Physical Education. The main content area features a section for the Counseling Secretary, Kate Mackensen, with a call to action: "Need to make an appointment with your counselor? CLICK HERE". Below this is a photograph of five staff members standing outdoors. Underneath the photo is the heading "Counseling Services" and a paragraph: "School counselors help all students achieve academic, personal, and social success." A section titled "ANNOUNCEMENTS & RESOURCES" contains three items: a notice about the 2020-2021 school year in distance learning, a link for "How to Stay Organized for Distance Learning", and a notice for "SENIORS: Check your emails and look for scholarship information from Mrs. Landon". At the bottom, there is a link for "YUBA COLLEGE Dual Enrollment Steps" and a "Yuba College Recommendation Form". The Windows taskbar at the bottom shows the time as 10:44 AM on 8/10/2020.

River Valley High School - Coun... X +

← → X ↻ | Not secure | nhs.ycusd.org/Departments/Counseling/index.html

App Store | Aeries | Yuba City Unified S... | OW | The Common Appl... | University of Califor... | River Valley HS W... | ACT | TAA | SCAR | Classes Schedule | Edgenuity for Educ...

Home Our School Daily Bulletin Departments Activities Athletics Students/Families Contact Us


Education (CTE)

- College and Career Center
- Counseling
  - SAT/ACT
  - University of California/California State University
  - Seniors
  - Juniors
  - Sophomores
  - Freshmen
  - High School Common Course Catalog
  - Financial Aid & Scholarship Information
  - Yuba College Financial Aid & Scholarship Information
  - California Community Colleges
  - Transcript Information
  - Helpful Resources
- ELD
- English
- Foreign Language
- Library
- Math
- Performing Arts
- Physical Education

Counseling Secretary: Kate Mackensen

Need to make an appointment with your counselor?

[CLICK HERE](#)



Counseling Services

School counselors help all students achieve academic, personal, and social success.

## ANNOUNCEMENTS & RESOURCES

**\*\*YUCUSD Schools are beginning the 2020-2021 school year in distance learning\*\***

[How to Stay Organized for Distance Learning](#)

**SENIORS:** Check your emails and look for scholarship information from Mrs. Landon

**YUBA COLLEGE Dual Enrollment Steps**

- Yuba College Recommendation Form

10:44 AM 8/10/2020

# Counselors Can Help With...

- **Academics**

- Help you pick your classes
- Help you stay on track for graduation
- Help you develop your four year plan

- **Social Emotional**

- Help you with conflict resolution
- Help you learn healthy coping skills

- **College/Career**

- Help you explore options for life after high school
  - *Virtual job shadow, ASVAB, CTE, a-g*



# Options After High School

<b>Community College</b>	<b>Four Year College</b>	<b>Military</b>
Graduate from High School	A-G	Take ASVAB
	SAT/ACT	Meet with recruiter
	Graduate from high school	Graduate from high school

# RV Graduation Requirements

- **CREDITS COUNT!**
- High School Diploma = 280 Credits
- Includes subject area requirements and Health Proficiency

- English 9 - 12 40 Credits
- Math Year 1 10 Credits
- Math Year 2 10 Credits
- Fine Art/Foreign Language 10 Credits
- Life Science 10 Credits
- Physical Science 10 Credits
- 3rd Year Science 10 Credits
- Geography 5 Credits
- World History 10 Credits
- US History 10 Credits
- Government 5 Credits
- Economics 5 Credits
- Physical Education 20 Credits
- Additional Credits 125 Credits

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**TOTAL**

**280 Credits**

# A-G Requirements

Must Earn a C or Better in Each Class

A.	History	20 Credits
B.	English	40 Credits
C.	Math	30 Credits
D.	Laboratory Science	20 Credits
E.	Foreign Language	20 Credits
F.	Visual/Performing Art	10 Credits
G.	Elective Course	10 Credits

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# CTE Pathways

## 2019-20 YCUSD CTE Pathways

### River Valley High School

Pathway	Introductory	Concentrator	Capstone
Ag Business	Ag Science 1 Ag Science 2 Ag Earth Ag Biology	Greenhouse	Ag Business/ Leadership
Animal Science	Ag Science 1 Ag Science 2 Ag Earth Ag Biology	Animal Science	Veterinary Tech
Floral Design	Ag Science 1 Ag Science 2 Ag Earth Ag Biology	Art/History of Floral Design	Adv Floral Design
Visual/Commercial Art	Digital Arts Media	Digital Photo	Adv Digital Photo
Game Design and Integration	Analog Game Design	Computer Graphics	Digital Game Design
Financial Services		Basic Accounting	Business Accounting
Child Development	Life Management 1	Child Development and Guidance	Early Childhood Careers
Engineering Design	Introduction to Engineering Design	Principles of Engineering	Engineering Design and Development
Patient Care	Medical Biology	Sports Medicine 1	Adv Sports Medicine
Systems Programming	Computer Applications	Computer Science Essentials	AP Computer Science Principles
Entrepreneurship/ Self-Employment		Empowering Entrepreneurs	Small Business Ownership and Management

## Yuba City High School

Pathway	Introductory	Concentrator	Capstone
Architectural Design	Intro to Engineering Design	Architecture 1	Architectural Design
Food Services and Hospitality	Life Management 1	Nutritional Science	Culinary Arts
Welding	Welding 1	Welding 2	Welding Technology
Public Safety		Law Enforcement 1	Law Enforcement 2
Systems, Diagnostics, Service	Auto Mechanics 1	Auto Diagnostics and Tune Up	Automotive Technology

## Sutter County

Pathway	Introductory	Concentrator	Capstone
Healthcare Operational Support Services		Nurse Assistant 1	Nurse Assistant 2


**\*\*In order to qualify for a reduced day as a junior or senior, one of the requirements is meeting a CTE pathway\*\***



# Yuba College Classes

- **Steps to Enroll at Yuba College as a High School Student**

1. Complete an online Yuba College application
2. Complete the recommendation form
3. Scan & email the recommendation form to your counselor



**High School Recommendation Form**  
 Admissions and Records  
 2088 North Beale Road, Marysville, CA 95901  
 (530) 741-6720

The student named below is recommended as a special PART-TIME community college student to undertake course(s) of instruction offered at the community college level. The intent of this recommendation is to provide educational enrichment opportunities for the student as authorized in Education Code 49800 and 70001. Students may not register in a course with a prerequisite unless the prerequisite has been met previously.

The ENROLLMENT FEE and HEALTH FEE will be waived for special admit part-time students (up to 11 units).

The following conditions are associated with admission as a special part-time student to the college:

- The course content is not altered and is intended for adults;
- The student is treated as an adult, and is expected to act in a mature manner in the classroom and on campus;
- Grades earned are entered onto the student's permanent college transcript;
- Parents must communicate with their son/daughter about academic progress and not with the instructor or other college personnel;
- Students should enroll in college-level coursework (courses numbered 1-99)
- No physical education courses may be taken.

LAST NAME \_\_\_\_\_

Student ID (YCCD provided) \_\_\_\_\_

FALL  SPRING  SUMMER  20\_\_

High School: \_\_\_\_\_ Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

FIRST NAME \_\_\_\_\_

Birth Date \_\_\_\_\_

MIDDLE NAME \_\_\_\_\_

Class Level you will be in when Classes begin (i.e. 9th, 10th, 11th, 12th) \_\_\_\_\_

Class Code	Course Title	Units	Days	Time

**Required Signatures**

I, \_\_\_\_\_, as the parent/guardian of the above-named student, authorize him/her to enroll in Woodland Community College course(s) and understand that in accordance with FERPA regulations, information may NOT be released to the parent without written permission from the student.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

I, \_\_\_\_\_, agree to abide by all rules and regulations of the Yuba Community College District, and authorize the release of all academic information back to the high school.

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Based on the student's academic background, I verify this student is eligible to enroll in advanced scholastic or vocational work, and is recommended for admission to the college.

Designated School Official Signature \_\_\_\_\_ Date \_\_\_\_\_

For Fall/Spring semesters approval to take over 6 units is required from the college designated representative/District Registrar.  
 For Summer session approval to take over 6 units is required from the college designated representative/District Registrar.

Designated Representative/District Registrar Signature \_\_\_\_\_ Date \_\_\_\_\_

After each semester, transcripts for concurrently enrolled high school students will be sent to the high school.  
 Rev. 1/15

# Academic Plan

You will be contacted for an appointment with your counselor to create your academic plan. Or call Kate Mackensen at 530-822-2528

RIVER VALLEY HIGH SCHOOL  
COUNSELING DEPARTMENT  
FOUR YEAR PLAN

Date: \_\_\_\_\_

ID# \_\_\_\_\_ NAME: \_\_\_\_\_ COUNSELOR \_\_\_\_\_ GRAD YR \_\_\_\_\_

## GRADUATION REQUIREMENTS

SUBJECTS	CREDITS	FRESHMAN (9 <sup>TH</sup> )	SOPHOMORE (10 <sup>TH</sup> )	JUNIOR (11 <sup>TH</sup> )	SENIOR (12 <sup>TH</sup> )
1. ENGLISH	40	ENGLISH 10	ENGLISH 10	ENGLISH 10	ENGLISH 10
2. MATH IM 1 required	20	MATH 10	MATH 10		
3. SCIENCE LIFE SCIENCE 10 credits PHYSICAL SCIENCE 10 credits (3 <sup>RD</sup> YR SCIENCE) 10 credits	30	SCIENCE 10	SCIENCE 10	SCIENCE 10	
4. SOCIAL SCIENCE	35	WORLD GEOGRAPHY 5	WORLD HISTORY 10	U.S. HISTORY 10	AMERICAN GOVT ECONOMICS 5 5
5. PHYSICAL EDUC.	20	PE (HEALTH PROFICIENCY) 10	GENERAL PE COURSE 2/ SPECIALITY 10		
6. VISUAL & PERFORMING ART/FOREIGN LANGUAGE	10				
7. ADDITIONAL COURSES	120				
8. SUMMER SCHOOL/ YUBA COLLEGE					
<b>TOTAL CREDITS REQUIRED</b>	<b>280</b>				

### AFTER SCHOOL I PLAN TO:

- \_\_\_\_\_ WORK
- \_\_\_\_\_ ATTEND 2 YR COMMUNITY COLLEGE
- \_\_\_\_\_ ATTEND TECHNICAL/VOCATIONAL SCHOOL
- \_\_\_\_\_ START AT 2 YR & TRANSFER TO 4 YR
- \_\_\_\_\_ ATTEND 4 YR COLLEGE/UNIVERSITY
- \_\_\_\_\_ ENLIST IN MILITARY
- \_\_\_\_\_ OTHER (Specify)

### CAREER GOAL:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# Course Selection Sheet & Course Catalog

Sophomore Course Selection  
Sheet [HERE](#) & [HERE](#)

High School Course Catalog  
[HERE](#)



Student Name	Student ID	Grade	Birthdate	Counselor	<b>Transcript of Student Progress</b>		
		9		Crisosto S			
Parent/guardian name, address, telephone							<b>October 22, 2020</b> <b>River Valley High School</b> <b>801 El Margarita Road</b> <b>Yuba City, CA 95993</b> <b>(530) 822-2500</b>
<b>Crs-ID</b>	<b>Course Title</b>	<b>Mark</b>	<b>Att/Cmp</b>	<b>Crs-ID</b>	<b>Course Title</b>	<b>Mark</b>	<b>Att/Cmp</b>
<b>Grade 9 First Quarter 2020-2021</b>							
<b>River Valley High School</b>							
	CC5001 Life Mgmt 1	A	5.00	5.00			
p	CE1207 English 9C	B	5.00	5.00			
p	CM1010 Int Math 1	D-	5.00	5.00			
*	CP1005 PE Course 1	A-	5.00	5.00			
Credit Att: 20.00 Cmp: 20.00 AGPA: 2.67							
<b>--WORK IN PROGRESS--</b>							
<b>River Valley High School</b>							
	CC5001 Life Mgmt 1		5.00	0.00			
p	CE1207 English 9C		5.00	0.00			
p	CM1010 Int Math 1		5.00	0.00			
*	CN2000 Falcon Hour		0.00	0.00			
*	CP1005 PE Course 1		5.00	0.00			
Total Credit: 20.00							

Course Tags: \* = Non Academic + = Honors (weighted) p = College Prep r = Repeated

	Weighted	Non-Wgtd	Date	Test Taken	Score	Subject Area	CREDIT SUMMARY		
Academic GPA	2.6667	2.6667	Comp	Health Proficiency	Not Taken		Credit Req'd	Compl	Needed
Total GPA	3.0000	3.0000				English Year 1	10.00	5.00	5.00
Credit Attempted:	20.00					English Year 2	10.00	-	10.00
Credit Completed:	20.00					English Year 3	10.00	-	10.00
Class Size:	479					English Year 4	10.00	-	10.00
Class Rank:	207					Mathematics Year 1	10.00	5.00	5.00
Ranked by Weighted Total GPA						Mathematics Year 2	10.00	-	10.00
District Enter: 8/12/2020						Fine Arts/For Lang	10.00	-	10.00
School Enter: 8/12/2020						Life Science	10.00	-	10.00
<b>Class of 2024</b>						Physical Science	10.00	-	10.00
State ID# 6112944112						Science Year 3	10.00	-	10.00
						Geography	5.00	-	5.00
						World History	10.00	-	10.00
						U. S. History	10.00	-	10.00
						Economics	5.00	-	5.00
						American Government	5.00	-	5.00
						Physical Education	20.00	5.00	15.00
						Additional Credits	125.00	5.00	120.00
						* TOTALS *	280.00	20.00	260.00
						Algebra 1 Requirement NOT Met			

This transcript is unofficial unless signed by a school official.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



**RIVER VALLEY HIGH SCHOOL**  
**VIRTUAL CLUB RUSH**  
**2020-2021**

# Sports



For updated 2020-21 sports information



## River Valley High School 2020-2021 General Sports Information

Mascot: Falcon

School Colors: Green/Silver/Black

League: Capital Valley Conference (CVC)

	<b>Delta Vista</b>	<b>Infernum</b>	<b>Roseville</b>	<b>Woodcreek</b>	<b>Yuba City</b>
Fall Sports:	Boys: Football, Cross Country and Cheerleading Girls: Tennis, Cheerleading, Golf, Cross Country, Girl's Volleyball, Field Hockey				
Winter Sports:	Boys: Basketball, Soccer, Cheerleading and Wrestling Girls: Basketball, Soccer, Cheerleading and Wrestling				
Spring Sports:	Boys: Baseball, Track & Field, Golf, Tennis, Swim/Dive, Boy's Volleyball Girls: Softball, Track & Field, Swim/Dive, Stunt				

### Fall Coaches

Football: Brennan McFadden  
Girl's Volleyball: Grayson Aggawa  
Girl's Tennis: Gabe Ramirez  
Cross Country: Eric Jensen  
Cheerleading: Becca Tillson  
Girl's Golf: Brent Campfield  
Field Hockey: Erin Cunningham

### Winter Coaches

Boy's Basketball: TBD  
Girl's Basketball: Kent Grammer  
Wrestling: Ron Benton and Jason Ramos  
Boy's Soccer: Abel Franco  
Girl's Soccer: Gabe Coomes  
Cheer: Becca Tillson

### Spring Coaches

Baseball: Brian Fernandez  
Softball: Tom Almond  
Boy's Tennis: Gabe Ramirez  
Boy's Golf: Craig Taylor  
Track/Field: TBD  
Boy's Volleyball: Amy Lopez  
Swim/Dive: Shelby Gullory  
STUNT: Becca Tillson

Eligibility: To be eligible to try out for any sport at River Valley you must:

1. Online Clearance
2. Have a physical (Green Form)
3. Cleared of all Fines and Fees
4. Have a current 2.0 ( C ) average in all your school work with no more than one "F" being allowed. You will not be allowed to participate for a team in the Fall unless you meet this requirement in the preceding semester.

Note: No student will be allowed to try out for, or practice with, any team without the necessary paperwork.

Important Dates:

Player/Parent Night: TBD  
Physicals: TBD  
Sports Start: SEE ATTACHED

**Athletic Website:** <http://rvhs.vcusd.k12.ca.us/athletics>

**Social Media:** Twitter and Instagram: [@rvfalconsad](#) and [www.facebook.com/rvfalconsad](http://www.facebook.com/rvfalconsad)

**Principal:** Lee McPeak

**Athletic Director:** Phil McCaulley Phone: (530) 822-2593 Fax: (530) 822-2520 Email: [pmccaulley@vcusd.org](mailto:pmccaulley@vcusd.org)

**Athletic Secretary:** Tonja Robinson Phone: (530) 822-2594



# Career Center

## RIVER VALLEY HIGH SCHOOL CAREER CENTER

### **YOUR CAREER CONNECTION**

Traci Landon, Career Center Tech  
Open Monday – Friday  
7:30am – 3:30pm  
*Located in the Library*

#### Assistance with:

- **Scholarship Opportunities**
- **Career Exploration Assessments**
- **Technical Career Searches**
- **Financial Aid Search**
- **Work Permits**
- **Resume Builder**
- **College and Career Day**
- **Teen Job Employment Opportunities**
- **Field Trips**
- **College Informational Presentations**
- **Connect with the Military**
- **College Admissions Workshops**





## Yuba College Upward Bound

### Eligibility

- . Freshman/Sophomores in high school
- . Income Eligible and/or First Generation College Student
- . Academic Potential
- . High Level of Motivation to Attend College

### Services

- . Academic Advisement
- . Monthly Resource Sessions
- . Campus Visits to Universities in California
- . Saturday Scholars Academy (Tutoring)
- . Monthly Enrichment Activities
- . Summer Session at Yuba College taking College Courses



Contact the Yuba College  
Upward Bound Office  
2088 North Beale Road  
Marysville, CA 95901  
(530) 749-3858

Application available at following link:  
<http://yc.yccd.edu/student/upwardbound/default.aspx>



For Yuba College apply [HERE](#)

CSU, CHICO

UPWARD 

BOUND

PROJECTS

FREE academic and college preparatory support for high school students on their path to higher education

### **Program Highlights:**

- Online tutoring in all academic subjects
- Laptop loan program
- Academic, financial and personal counseling
- College tours
- Summer residential program at Chico State
- Assistance in completing college, financial aid and scholarship applications

### **How to Apply?**

1. Visit our website at: [www.csuchico.edu/upwardbound](http://www.csuchico.edu/upwardbound)
  2. Click on "How to Apply" on the left side menu.
  3. Complete and submit an online application.
- OR
4. Print and complete the paper version and mail it to address on the website.



For more information, feel free to call our office at 530-898-5181  
or email [cfaivarsz@csuchico.edu](mailto:cfaivarsz@csuchico.edu)



For Chico State apply [HERE](#)

## Confused? Questions?

Please make an appointment with your counselor [HERE!](#)

